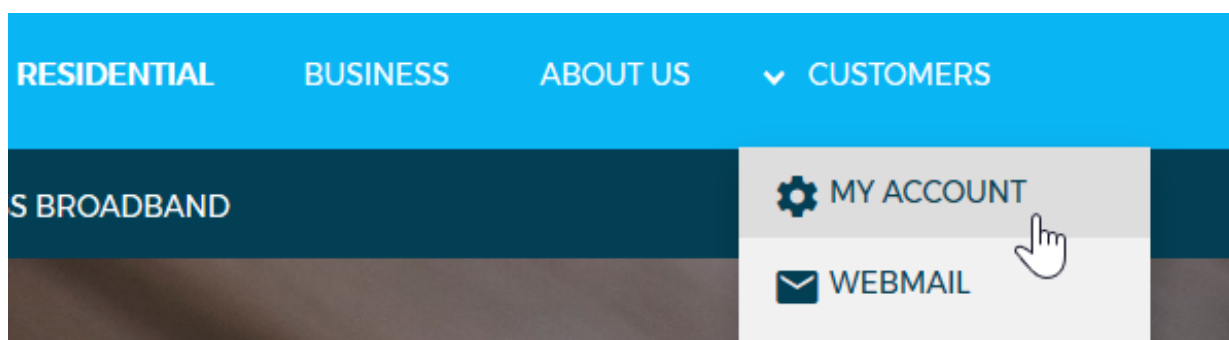


# Enable or disable usage notifications

Sick of receiving so many usage notifications? You can disable them by following these steps:

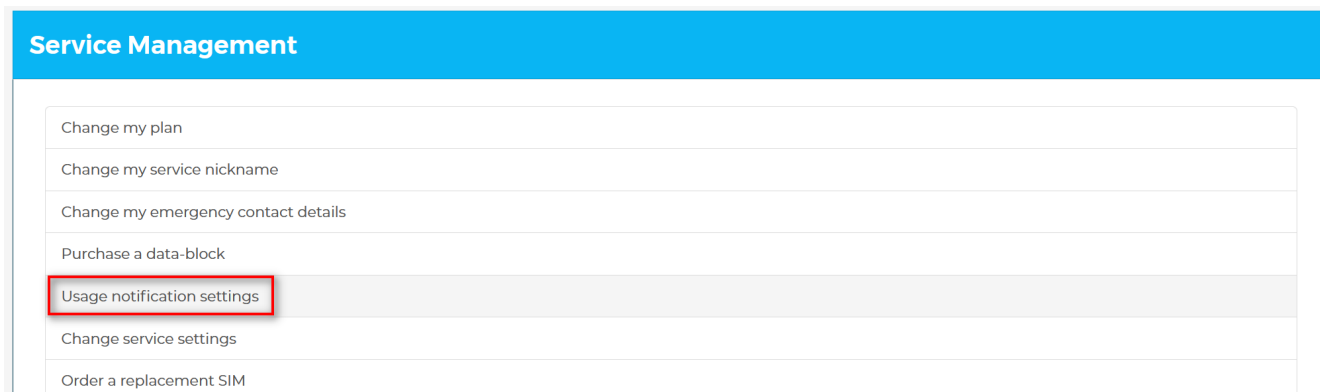
1. Visit [spintel.net.au](http://spintel.net.au)
2. Login to My Account by selecting **Customers** and then **My Account**.



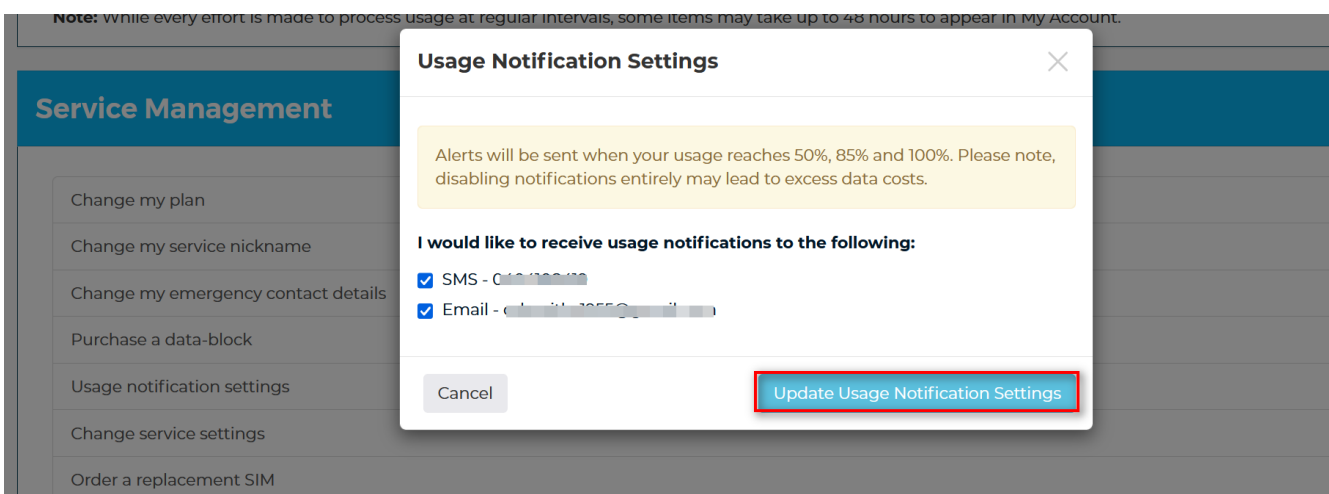
3. Once logged in, select the relevant service on the Dashboard and click on **Manage Service**.

A screenshot of the Spintel dashboard. At the top, there is a search bar with the placeholder text 'Search by service type, plan, or username.' Below this, a notification bar says 'Your usage resets in 5 days.' The main content area features a service card for 'Mobile'. The card has a blue header with the service name and a 'MANAGE SERVICE' button with a gear icon, which is highlighted with a red box. Below the header, the card displays 'Data Usage' information: '553.78MB Used (3.26%)' and '16.45GB remaining'. A progress bar is shown below the text, with a small blue segment representing the used data.

4. From the Service Management section, look for **Usage Notifications Settings**.



5. Click on Update Notifications and select your preference. Click Update to save the changes.



Online URL:

<https://articles.spintel.net.au/article/enable-or-disable-usage-notifications.html>