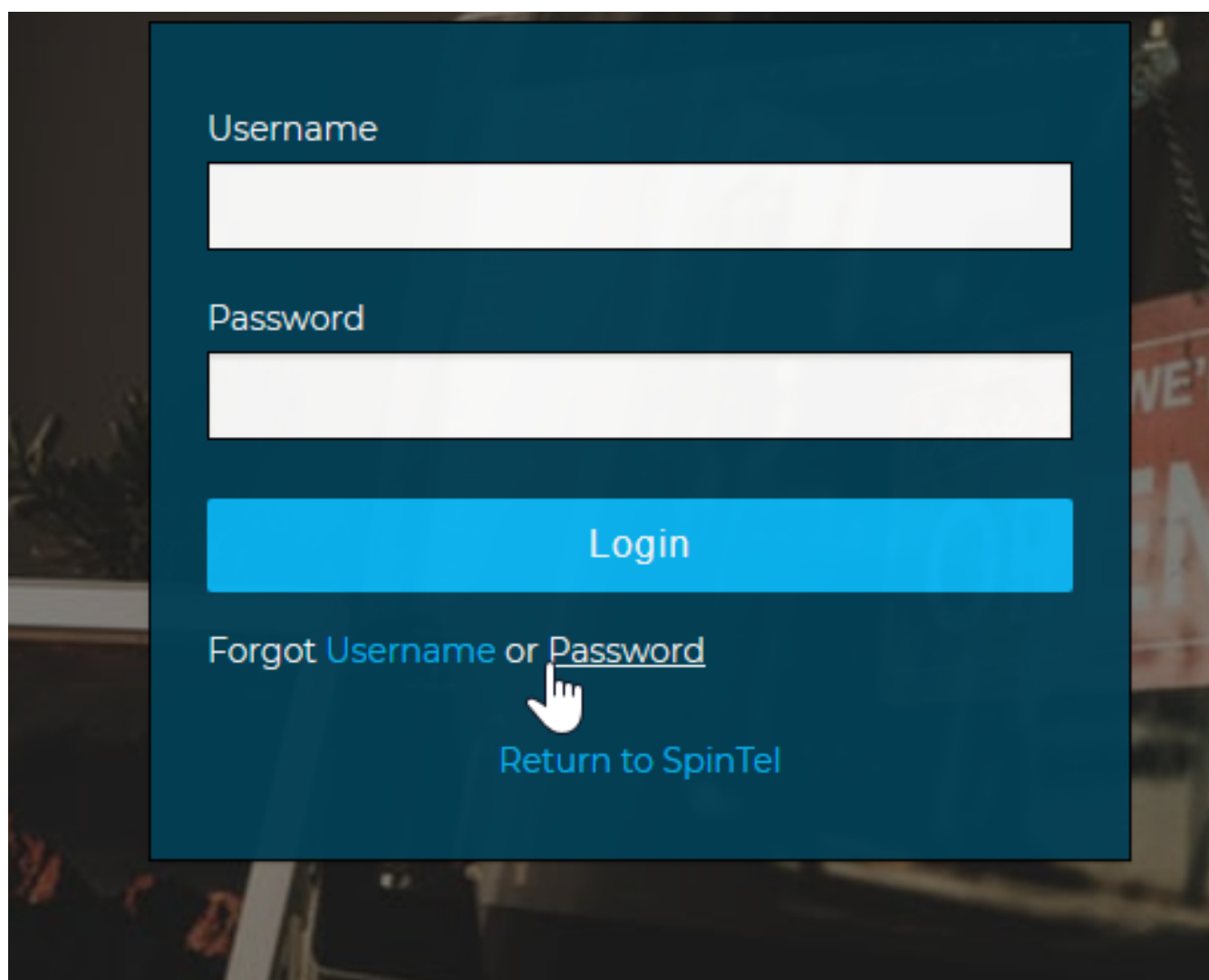


## Forgotten username or password

Forgotten your username or password? You can easily retrieve them.

1. Visit [spintel.net.au](http://spintel.net.au)
2. Click on [My Account](#) on the top right.
3. Click on either Username or Password



The image shows a login form on a dark teal background. It features two white input fields for 'Username' and 'Password'. Below these is a bright blue 'Login' button. Underneath the button is a link that reads 'Forgot Username or Password', with a white hand cursor icon pointing to the word 'Password'. At the bottom of the form is another link that says 'Return to SpinTel'.

Retrieve username

Reset password

Online URL:

<https://articles.spintel.net.au/article/forgotten-username-or-password.html>